

Create Your Own Spa Day

We have created a haven of tranquillity where you can escape the everyday and take time for yourself. We offer a variety of treatment options and food options to build your own perfect spa day.

Our Spa packages include your chosen treatments package, 90 minutes use of our spa facilities and a light lunch with the option to upgrade, per person. Please check your email confirmation for your arrival time. Towels and bathrobes are all provided and included in the price.

All treatment times include spa consultation & treatment

Choose from the following:

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| Dalhousie Spa Day | Includes 90 minutes' spa use only | £25 per person. Upgrade with food option from £40 |
| Relax Spa Day | Includes 1 x 25 minute spa treatment | From £70 per person |
| Revive Spa Day | Includes 1 x 55 minute treatment | From £100 per person |
| Rejuvenate Spa Day | Includes 1 x 55 minute treatment and 1 x 25 minute treatment | From £155 per person |
| Escape Spa Day | Includes 2 x 55 minute treatment OR 1 x 55 minute and 2 x 25 minute treatments | From £200 per person |

Then choose your treatment:

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| 25 minute treatments | Back, Neck & Shoulder Massage, Indian Head Massage, Mini Facial, Smooth Soles |
| 55 minute treatments | Full Body Massage, Facial |

Then choose your refreshments:

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| Light Lunch | Soup of the day and choice of sandwich | Included |
| Afternoon Tea | Selection of sandwiches and sweet treats | £10 supplement per person |
| Two-Course Lunch | Starter and main course OR main course and dessert | £15 supplement per person |
| Three-Course Lunch | Includes 1 x 55 minute treatment and 1 x Starter, main course and dessert | £20 supplement per person |

To book please get in touch by emailing: spa@dalhousiecastle.co.uk